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| **S**  Specific | **What do you want to accomplish? (Don’t be vague/ general)** |
| I want to be a professional and land a job |
|  |  |
| **M**  Measurable | **How can you measure your progress and know if you have achieved your goal?** |
| I measure my progress by the knowledge I’m developing everyday and working toward my goal. |
|  |  |
| **A**  Attainable / Action | **Do you have the skills to achieve this goal? Do you have the resources?** |
| *\*\*The A can also stand for “Action” – can you take actions to achieve this goal?*  I have some skills and I am working more for other skills. My resource is YU and other online course. |
|  |  |
| **R**  Relevant / Realistic | **Why are you setting this goal? Is this aligned or helping you meet overall objectives?** |
| *\*\*Sometimes you will see the R representing Realistic – is this goal realistic and relevant to your career plan?*  Yes I found it realistic because I’m working on it right now and is relevant in achieving my goal. |
|  |  |
| **T**  Time-Bound | **What is the deadline and is it realistic?** |
| Its going to take a year but it will grow through out my life. |
|  |  |
| **SMART**  **GOAL** | **Utilize the above information and create a SMART goal – this should be one clear sentence. :)** |
| I will learn the hard and soft skill by this year and land in a career. |